

TABLE OF CONTENTS

INTRODUCTION	4
GENERAL CONSIDERATIONS	
Hand Position	5
Motion Principles	7
Dynamic Considerations	8
PRELIMINARY EXERCISES	
Exercise on Stick Heights	9
Exercises on Dynamic Switches	10
Exercise on Gradual Dynamic Shifts	12
SECTION I — RHYTHMIC FIGURES OVER ONE BEAT	
RHYTHMIC AND METRIC CONSIDERATIONS	13
PART 1 — FIGURES BASED UPON A QUARTER NOTE	15
Exercises on Quarter Note Based Figures	16
Studies on Quarter Note Based Figures	18
Studies Involving Rhythmic Mixtures	19
Studies Involving Rests	21
Studies Involving Alternate Notations	30
Studies Involving Partial Subdivision	32
Studies Involving Alternate Rhythmic Placements	34
Study Involving Metric Modulation	35
PART 2 — FIGURES BASED UPON A DOTTED QUARTER NOTE	37
PART 3 — METER STUDIES	43
SECTION II — RHYTHMIC FIGURES OVER LARGER SPANS OF TIME	
PART 1 — FIGURES BASED UPON A QUARTER NOTE BEAT UNIT	55
A. Rhythmic Figures Over Two Beats	58
B. Rhythmic Figures Over Three Beats	64
C. Rhythmic Figures Over Four Beats	72
PART 2 — FIGURES BASED UPON A DOTTED QUARTER NOTE BEAT UNIT	79

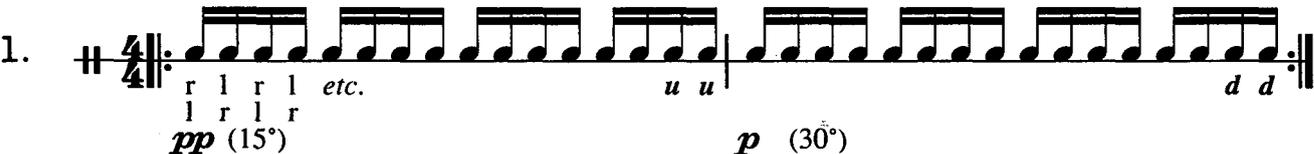
EXERCISES ON DYNAMIC SWITCHES

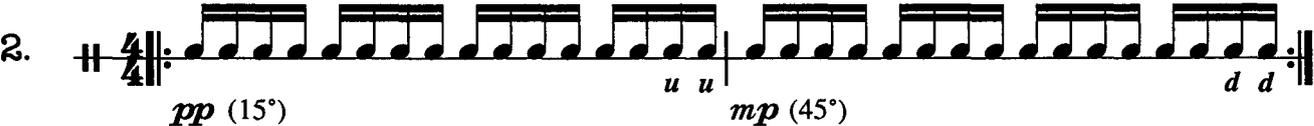
(Alternating Single Strokes)

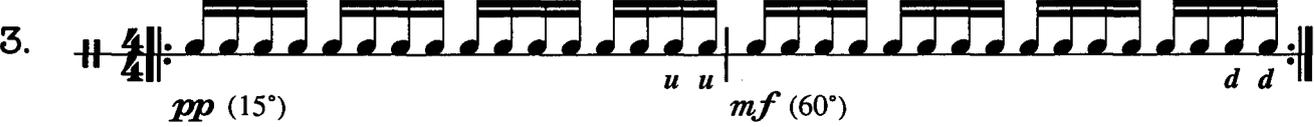
Each of the following exercises deals with a different combination of dynamics. When performing the exercises, make sure that the correct height relationships are being maintained in the hands.

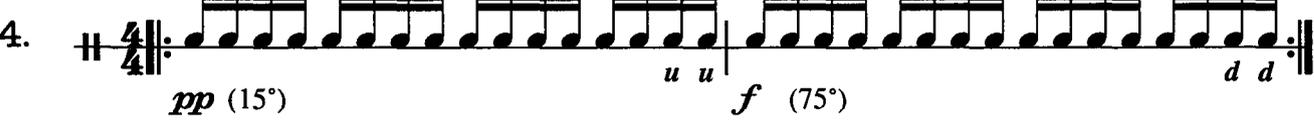
Each exercise should be repeated many times, starting with either hand. (Use alternating single strokes.) Work at a variety of tempos, ranging from slow to fast.

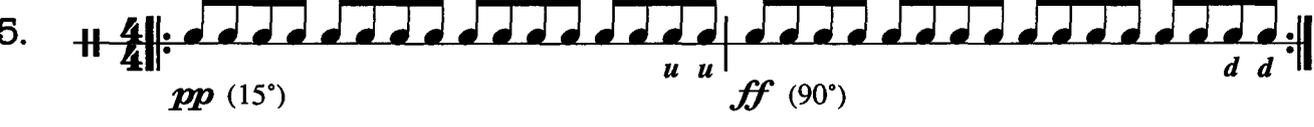
(Note: u and d refer respectively to Up and Down strokes.)

1. 
pp (15°) *p* (30°)

2. 
pp (15°) *mp* (45°)

3. 
pp (15°) *mf* (60°)

4. 
pp (15°) *f* (75°)

5. 
pp (15°) *ff* (90°)

6. 
p (30°) *mp* (45°)