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Why a Rock Guitar Book for Women?

First of all, thanks for picking up this book! I truly believe that playing rock guitar is one of the coolest ways you can express yourself.

With this book, I want to help you: broaden your rock rhythm and lead guitar skills, get familiar with the basics on amps and effects, understand rock song structures, and gain a few other useful skills needed to play on your own or in a band. My intention is to encourage *your* creativity so that you have a good palette for expressing yourself. I also want to help you avoid obstacles that could slow your growth.

These topics, of course, also apply to men who want to play guitar. So why a rock guitar book for women?

Well, I also want to make you aware that you're part of a cool but rarely acknowledged community. When *Rolling Stone* magazine lists the 100 most important guitarists of all time, they usually only include two or three women. Many male guitarists or teachers don't think about mentioning the great female players that are out there. Few realize that some of the first pioneers of the electric guitar were women. In this book, you'll find the learning experiences and playing advice from some world-class female guitarists, including Jennifer Batten, Kat Dyson, Sue Foley, Lita Ford, Kaki King, Ann Klein, Bibi McGill, Orianthi Panagaris, Vicki Peterson, Ana Popovic, and Nancy Wilson.

Also, some girls and women who sign up for guitar classes often find the vibe a little intimidating because soloing, technique, and gear—topics which many guys can debate for hours—can seem mystifying. I want to demystify these things for you. While becoming a great guitar player does take work (I won't lie about that!), it's also a lot of fun and very empowering. With this book, I want to make your experience of learning rock guitar fun and exciting.

It also includes a list of essential recordings by female electric guitar pioneers like Memphis Minnie; influential all-girl bands like The Runaways, and excellent lead guitarists of today like Orianthi Panagaris and Ana Popovic. It's impossible to cover everyone deserving of mention, but hopefully the list will provide a unique rock guitar history lesson and lots of inspiration!

Today, there are great female guitarists in every genre of rock. As I started writing this book, hard rock icon Alice Cooper hired guitarist Orianthi Panagaris to play on his tour, TV commercials and billboard ads started featuring young women playing electric guitars, and girly pop teen idols are now strumming guitars on stage and in music videos. As a result, I've seen a clear increase in the number of female guitar students, and many of these girls—some as young as seven years old—are showing up to class with electric guitars. Guitar companies like Daisy Rock Guitars are making guitars that are easier for girls to play, guitar stores are hiring more women, and bands are more open to recruiting female guitar players. This is a great cultural change.

This book moves quickly and is best used with a teacher. There is no substitute for a good teacher who can watch and listen to you play. If you use this book without a teacher, take your time and be sure you are able to play each example smoothly and evenly before moving on.