

MOVING ON

Develop a greater range of intervals, extend flexibility and aurally become more astute.

MORNING YAWNS

(See Circuit Training Volume 1 page 13)

- 1 Let your lower jaw drop downwards and forwards and slowly flow a lot of air through the sequences. Think of a large slowly flowing river, not a jet from a hose pipe! This how you get fuller but not louder.



2. Keeping your embouchure profile the same, drop your jaw downwards and forwards, lip down and up without using your plug or moving your slide. This helps to open and strengthen your low register. Continue down to 7th



- 3 Join all the notes together – no gaps or unwanted bulges.



LAZY YAWNS

CON MOTO ♩ = 84



Zzzzzzzzzzz



HARMONIC MINOR CRABWISE SCALES

are good for coordination and pitch.

MINOR SCALES - CRABWISE

♩ = 124 ELEGANTLY



SAMPLE SCORE

MINOR ARPEGGIOS - CRABWISE

♩ = 124 WELL PHRASED



CRABWISE COCKTAIL

PREPARATION CIRCUIT TRAINING VOLUME 1 PAGE 34 / 35 ADD EXAMPLES

$\text{♩} = 120$

A musical score for a piece titled "Crabwise Cocktail". The score is written in bass clef with a key signature of two flats (B-flat and E-flat) and a time signature of 8/8. The tempo is marked as $\text{♩} = 120$. The score consists of ten staves of music. The first staff begins with a *mf* dynamic marking. The second staff has a *f* marking at the start and end. The third staff has a *p* marking. The fourth staff has a *f* marking. The fifth staff has a *pp* marking followed by "ECHO" and then a *mf* marking. The sixth staff has a *mf* marking. The seventh staff has a *mf* marking. The eighth staff has a *mf* marking. The ninth staff has a *mf* marking. The tenth staff has a *mf* marking. The score includes various musical notations such as eighth notes, sixteenth notes, and rests. There are also some markings like "4" and "v" (accents) throughout the score. A large, semi-transparent watermark "WARWICK MUSIC" is overlaid across the middle of the page.