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CHAPTER TWO

HAND PATTERNS

In this chapter, we'll take a look at some of the most important hand patterns, or *stickings*, that are used on the drumset. By studying these stickings, you will greatly increase your ability to play more advanced ideas in your drum fills and solos. Let's start with some basic roll patterns: the *single-stroke roll* and the *double-stroke roll*. If you are left-handed, please reverse all of the stickings and start with the left hand.

Single-Stroke Roll

2

120

R L R L R L R L

R = Right Hand
L = Left Hand

Double-Stroke Roll

3

R R L L R R L L

The *paradiddle* is a combination of both the single- and double-stroke rolls. Make sure you memorize the sticking pattern.

Paradiddle

4

3

R L R R L R L L R L R R L R L L

This exercise combines all three hand patterns. Observe the stickings and listen for evenness of the hands.

Combination Exercise

5

R L R L R L R L R R L L R R L L R L R L R L R L R L R L L L