The polonaise is a national dance of Chopin's native Poland. It probably originated in the Polish court in the 1500s as a stately ceremonial march and should be played quite majestically, at a moderate tempo. Many composers wrote polonaises; however, Chopin's piano compositions of this type are among the finest. Op. 53 is perhaps the best known of Chopin's polonaises.

## Theme from **Polonaise**

Frédéric Chopin (1810–1849) Op. 53 Arr. Allan Small













