

Part 1: Preparatory Exercises

9

Preparatory Exercise 1

Getting to know the alternative positions

Aim to match both the intonation and the sound quality as you play the notes in their alternative positions. The use of alternative positions is a necessary step to success in playing all of the studies in this book.

The musical score for Preparatory Exercise 1 consists of ten staves of music, all in bass clef. The first staff is in 4/4 time and contains the following notes and fingerings: 1 (F2), 6 (C3), 1 (F2), 6 (C3), 1 (F2), 2 (G2), 7 (E2), 2 (G2), 7 (E2), 2 (F2). The second staff starts at measure 5 and contains: 1 (F2), 5 (C3), 1 (F2), 5 (C3), 1 (F2), 2 (G2), 6 (C3), 2 (G2), 6 (C3), 2 (F2). The third staff starts at measure 9 and contains: 3 (G2), 7 (E2), 3 (G2), 7 (E2), 3 (F2), 1 (G2), 4 (A2), #7 (B2), 4 (A2), 1 (G2), 4 (A2), #7 (B2), 4 (A2). The fourth staff starts at measure 13 and contains: 1 (G2), 2 (A2), 5 (C3), 2 (A2), 5 (C3), 2 (G2), 3 (A2), 6 (C3), 3 (A2), 6 (C3), 3 (F2). The fifth staff starts at measure 18 and contains: 4 (G2), 7 (E2), 4 (G2), 7 (E2), 4 (F2), 1 (G2), #4 (A2), 6 (C3), #4 (A2), 1 (G2), #4 (A2), 6 (C3), #4 (A2), 1 (F2). The sixth staff starts at measure 23 and contains: 2 (G2), #5 (F3), 7 (E2), #5 (F3), 2 (G2), #5 (F3), 7 (E2), #5 (F3), 2 (F2), 3 (G2), #6 (A2), 3 (G2), #6 (A2), 3 (F2). The seventh staff starts at measure 27 and contains: 1 (G2), 6 (C3), 7 (E2), 2 (A2), 1 (G2), 1 (F2), 4 (A2), b5 (D2), 2 (G2), 3 (A2), 6 (C3), 7 (E2), 4 (A2). The eighth staff starts at measure 31 and contains: 3 (G2), 6 (C3), #5 (F3), 2 (A2), 1 (G2), 1 (F2), #4 (A2), #5 (F3), 2 (A2). The ninth staff starts at measure 35 and contains: 3 (G2), #6 (A2), #7 (B2), 4 (A2), 3 (G2), #6 (A2), #5 (F3), 2 (A2), 1 (F2). The tenth staff starts at measure 39 and contains: 3 (G2), #6 (A2), #7 (B2), 4 (A2), 3 (G2), #6 (A2), #5 (F3), 2 (A2), 1 (F2).

Preparatory Exercise 4

Developing interval skills

The objective of these exercises is to centre cleanly on notes that have jumped either up or down various intervals. Internalisation is key to success in this area and this is more easily accomplished through interval practice using major scales and arpeggios like in the exercises below.

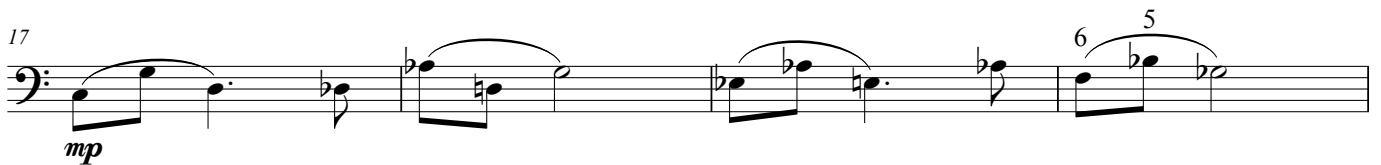
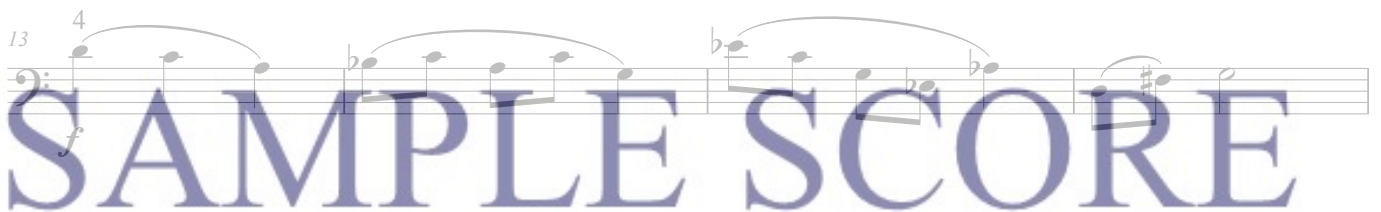
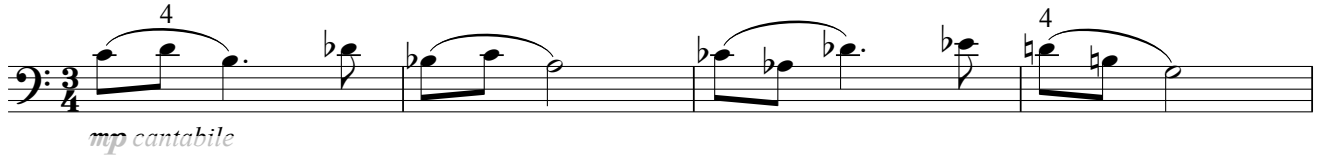


Melodic Study 1

The natural slur (Intermediate)

It is possible to play all the slurs in this study as natural slurs, provided some notes are played using alternative positions. All of the alternative positions are marked in the score. Keep the throat open and increase the breath support as you slur upwards.

Flowing ♩ = 96



Melodic Study 18

Triple Tonguing

As with the previous study, aim to balance the sound between the notes tongued in different ways and maintain the same tempo throughout this study taking care not to slow down when playing in the lower register.

Presto ♩ = 180

8

15

21

27

33

40

47

52

f

mp

mf

p

cresc.

f

p cresc.

f

p